

KATIE OSTROM MD LLC - SAMPLE EGG RETRIEVAL CALENDAR (VOR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Birth Control Pills (OCP) No Placebo Some women will have vitamin regimen →	4 Birth Control Pills (OCP)	5 Birth Control Pills (OCP)	6 Birth Control Pills (OCP)	7 Birth Control Pills (OCP)	8 Birth Control Pills (OCP)	9 Birth Control Pills (OCP)
10 Birth Control Pills (OCP)	11 Birth Control Pills (OCP)	12 Birth Control Pills (OCP)	13 Birth Control Pills (OCP)	14 Birth Control Pills (OCP)	15 Birth Control Pills (OCP)	16 Birth Control Pills (OCP)
17 Birth Control Pills (OCP)	18 Birth Control Pills (OCP)	19 Birth Control Pills (OCP)	20 Birth Control Pills (OCP)	21 Birth Control Pills (OCP)	22 Birth Control Pills (OCP)	23 Birth Control Pills (OCP)
24 Birth Control Pills (OCP)	Last day of OCPs 25 Birth Control Pills (OCP)	26	Baseline Ultrasound 27 Ultrasound/Bloodwork	Gonadotropin Start 28 Gonal F Menopur	29 Gonal F Menopur	30 Gonal F Menopur
31 Gonal F Menopur	NOV 1 Gonal F Menopur	2 Gonal F Menopur	Day 7 Exam 3 Gonal F Menopur Possible Antagonist AM	4 Gonal F Menopur Antagonist AM	Day 9 Exam 5 Ultrasound/Labs Gonal F Menopur Antagonist AM	6 Gonal F Menopur Antagonist AM
Day 11 Exam 7 Ultrasound/Labs Possible hCG Trigger Gonal F Menopur Antagonist AM	8 Home Pregnancy Test 0800 Email/Text Response to Dr. Levy	Egg Retrieval 9 Oocyte Retrieval Day Arrive @ Clinic 60 min prior to scheduled time Nothing to eat or drink after midnight	10	11	12	13

Egg retrieval date is tentative, it can shift pending your response; Vitamin Regimen: COQ10, DHEA, Folic Acid, Vitamin C, Vitamin D, Melatonin